Ashley High School Newsletter [](http://www.google.com/imgres?q=eugene+ashley+high+school+logo&um=1&hl=en&sa=N&qscrl=1&nord=1&rlz=1T4ADFA_enUS442US442&biw=1366&bih=589&tbm=isch&tbnid=DTqmZzWWHuiBIM:&imgrefurl=http://www.whatswhat.org/LinkClick.aspx?link=78&tabid=37&docid=nTNM3FlUTKLFGM&imgurl=http://www.whatswhat.org/Portals/0/images/ahslogo.jpg&w=612&h=442&ei=EH9FT_eYN-rw0gH7_f3pAw&zoom=1&iact=rc&dur=1&sig=102660534232916726898&page=1&tbnh=119&tbnw=171&start=0&ndsp=23&ved=0CEkQrQMwAQ&tx=83&ty=76)

“Let’s go Screaming Eagles!”

By Ethane Sullivan and Kacey

Issued February 19, 2012

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Attention all future college athletes and parents

Recruiting Seminar Announcement

*An effort to guide all college-bound athletes*

By the Athletic Director

In an effort to educate our parents and athletes about athletic scholarships and the college recruiting process, I have contracted Dynamite Sports to conduct an hour long seminar entitled “Guiding the College-Bound Athlete” on Wednesday February 22, 2010 at 7:30pm, in the Minnie Evans Arts Center.

This seminar is to help make sure that all prospective college-bound athletes and their parents attend the informative and entertaining event. Although it is not required, it is recommended that every athlete considering playing college sports attend along with their parents. The seminar will help parents to become more knowledgeable and realistic about athletic scholarships and the recruiting process.

Talented athletes wanted for Screaming Eagles Athletic Program

**Qualifications**: smart, good work ethic, good team attitude, confidence, the ability to work with others, dedication, and the love of the sport.

**Must Have:** Positive attitude, commitment to preparation, ability to handle adversity execute under pressure.

A physical is required once a year. Forms can be found in the front office of Ashley High School or online for the physical. Once all the information is filled out, it must be signed by a parent or guardian and a physician. Take this form with you when having the physical done.

**All spring sports begin practice Monday, February 13th, 2012.**

Spring Sports

Men’s Baseball

Girl’s and Guys Lacrosse

Men’s Golf

Girls’ Soccer

Softball

Girl’s and Guy’s Track

Men’s Tennis

Co-curricular activities including all athletics:

Participation in an extra or co-curricular activity, including athletics, is a privilege and not a right. All fines and fees owed by the students to the NHCS or to a school must be paid before a student is allowed to participate in athletics, extra and co-curricular

Eligibility Requirements:

**Grade Academics**: A student must pass three of four classes per semester, have a 2.0 GPA, and be on pace to graduate.

**Physical**: A physical is required once a year.

**Insurance:** The New Hanover County School system recommends that all athletes purchase school athletic insurance or show proof of accident insurance by completing/signing an insurance waiver form in order to participate in athletics (including tryouts). This information is protected but is necessary in case the student-athlete is injured and the parent cannot be initially contacted so that emergency treatment can be given without delay.

**Age:** No student is eligible who is 19 on or before October 16th, (born on or before October 16th). 8 Semesters - A student is eligible for eight (8) consecutive academic semesters from the date they first entered ninth (9th) grade. No student may participate in any high school sport more than 4 consecutive seasons or twice in the same sport during an academic year.

**Residency:** A student must reside with their parents or show a court order referring interms of custody and not guardianship. Please contact the AHS Athletic Director if there are questions and for a further explanation of the residency requirements (School Phone: 910- 790-2360 x129).

**Attendance:** A player must have been in attendance for at least 85% of the previous semester at his/her previous school. If you miss more than 13 days of school, in any one semester, for any reason, you are ineligible the following semester.

All spring sports begin practice Monday, February 13th, 2012

Practice Times and Locations

Places and times may change due to weather conditions or other issues

|  |  |  |  |
| --- | --- | --- | --- |
| Baseball | 13-Feb | 3:30 pm | Baseball Field |
| Men’s Golf | 13-Feb | 3:45 pm | Beau Rivage |
| Men’s Lacrosse | 13-Feb | 3:45 pm | Veterans Park |
| Men’s Tennis | 13-Feb | 3:45 pm | Tennis Courts |
| Men’s Track | 13-Feb | 3:45 pm | Track |
| Softball | 13-Feb | 3:45 pm | Softball Field |
| Women’s Lacrosse | 13-Feb | 3:45 pm | Veterans Park |
| Women’s Soccer | 13-Feb | 3:45 pm | Practice Field |
| Women’s Track | 13-Feb | 3:45 pm | Track |



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*Eugene Ashley High School Men’s Lacrosse Team*

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To Represent your school in athletics, YOU:

Must be a properly enrolled student at the time you participate, must be enrolled no later than the 15th day of the present semester, and must be in regular attendance at that school.

Must not be convicted of a felony in this or any other state, or adjudicated as a delinquent for an offense that would be a felony if committed by an adult in this or any other state.

Must be present at school on the day of an athletic contest in order to participate in the event. This includes games and practices.

Must not accept prizes, merchandise, money, or anything that can be exchanged for money as a result of athletic participation. This includes being on a free list or loan list for equipment, etc.

Must not have signed a professional contract, have played on a junior college team, or be enrolled and attending a class in college. This does not affect a regularly enrolled high school student who is taking a college course(s) for advanced credit.

Must not participate in unsanctioned all-star or bowl games.

May not receive team instructions from your school’s coaching staff during the school year outside your sports season. Instruction is limited to the coach and one or multiple participants in small group settings (skill development sessions).

May not play, practice or assemble as a team with your coach on Sunday.

May not dress for a contest, sit on the bench, or practice if you are not eligible to participate.

Must not play more than three (3) games in one sport per week (exceptions: Baseball, Basketball, Softball, Cheerleading, and Volleyball); and not more than one contest per day in the same sport (exceptions: Baseball, Softball, Cheerleading, or Volleyball).

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*Eugene Ashley High School Baseball Team*

Interview with Coach Stewart

Interview Questions:

Head coach of Men’s Baseball

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* “I enjoy being out in the field and interacting with the players and the game of baseball in general.”
* “Yes, they have potential.”
* “Making sure the kids understand that they need to practice to succeed.”
* “We will participate in twenty two games. We will play against Terry Sanford, Dixon, West and South Brunswick, Lumberton, Southern Wayne, West Carteret, Greenville Rose, New Hanover, Laney, New Bern, and Hoggard.”
* “I will continue to keep my team motivated by challenging them, motivating them, and setting team goals.”
* “Yes, it’s the toughest part of the job. You can only play so many people and many factors play into choosing players.”
* “I have had several favorite memories; some include the Eastern Championship in 2007, coming back from a 12-4 in 2011 from Pinecrest, beating Hoggard, and dog pilling on the field.”
* Do you enjoy coaching baseball? If so, what do you enjoy about it?
* Do you feel like your team will do well this season?
* In the past, what problems have you encountered while coaching?
* How many games will the baseball team participate in this season? Who will you be playing?
* How will you keep your team motivated?
* When picking out players during tryouts, was it difficult to decide which people you would take on to be a part of the team?
* Throughout your entire coaching career, what has been your favorite memory that you have created with your past or present team?

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*Eugene Ashley High School Women’s Lacrosse Team*

Interview with Coach Gale

Interview Questions:

Head Coach of Women’s Lacrosse

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Message from the Department of Athletics

The primary mission of the Department of Athletics is to bring positive recognition to Eugene Ashley High School through a program built on concepts such as excellence, integrity, and enthusiasm. The athletics program at Ashley is comprised of 22 varsity sports, eleven men's, 11 women's and nine Jayvee teams. The Athletic Training Department offers the very best in care and prevention of athletically related injuries. The highly visible athletics program is committed to NCHSAA and NFHS compliance, strong academic standards, the quality of its staff, and maintaining a reputation for innovative and progressive athletic marketing strategies.

The Ashley Athletic Department will focus on the overall development of all persons participating in athletics. Ethical conduct and good sportsmanship will be strongly promoted among alumni and friends, athletics department staff and, most importantly, student-athletes. Ashley Athletics is committed to supporting the academic progress of student-athletes and the achievement of their educational objectives.

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* “I was very interested in the sport and I never got the chance to play it. I did play field hockey though which is very similar to lacrosse and basketball.”
* “There was no real designated youth program. It was hard to compete against an alike age group. Also I found that players have a hard time committing to a varsity sport.”
* “My favorite part would have to be the game strategy and the similarities it shares between basketball. Also, it’s a very upbeat sport.
* “In the beginning of the week we have conditioning and go over the basic fundamentals. Towards the end of the week, we start to work on game strategies.”
* “We have one to two games a week. We will be playing conference teams, NHC schools, Topsail, Cape Fear, and Charlotte.”
* “I feel like a player should obtain commitment, effort, be a good team player, and be coachable.”
* “I’ve learned the difficulty of a sport and respect for the players especially when it’s a hard sport.”
* What gave you the idea to become a lacrosse coach?
* What problems have you encountered while coaching?
* What is your favorite part of teaching lacrosse?
* How would you describe a typical week of practice during the season?
* How frequently do you have a game? What schools will you compete against?
* What values do you feel like a player should obtain to play to their upmost potential?
* What do you think is the most important thing you have learned since you have been coaching?